



Our family meals can be delivered ready to HEAT,
ready to FREEZE or ready FROZEN

FAMILY MEALS

NEW AUTUMN SPECIALS

SOUPS (1.6L) serves 4

\$20

- ♥ **Spiced Sweet Potato Soup** (GF)
- ♥ **Pumpkin Soup** (GF)
- ♥ **Autumn Vegetable** (GF) (DF)
- ♥ **Slow Roasted Tomato & Capsicum** (GF) (DF)
- ♥ **Chicken & Vegetable** (GF) (DF)

PASTA MEALS

BAKES

SERVES 6 - 8

\$55 GF \$62

- ♥ **PASTITSO - Greek Spaghetti Pie**
Layered Spaghetti, bolognaise sauce and bechamel
- ♥ **MACARONI CHEESE**
Traditional style made with macaroni and a 3 cheese bechamel with a hint of Dijon with a crunchy breadcrumb crust
- ♥ **TUNA MORNAY**
Pasta, flaked tuna and cheesy sauce with a crunchy breadcrumb and herb crust

PASTA

SERVES 4-6

\$35 GF \$42

- ♥ **Select Spaghetti, Fettucine or Penne with your choice of (GF) (DF avail) sauce**
 - **Arrabiata** Cupids Chilli tomato sauce with olives, spinach & flaked parmesan
 - **Amatricana** Bacon, spinach & chilli tomato sauce and flaked parmesan
 - **Tuna** Creamy tomato Pasta with capers, tuna, spring onions & spinach
 - **Cherubs Choice** Poached chicken, roasted capsicum & spinach in a creamy pesto sauce
 - **Florentine** Poached Chicken, sundried tomatoes & spinach in a light tomato & cream sauce

PARMAGIANA serves 4

\$45 GF \$55

- ♥ **Swiss Chicken**
Crumbed breast fillets baked with a layer of swiss cheese, Leg ham, honey mustard & mixed cheeses,
- ♥ **Mediterranean Chicken**
Crumbed breast fillets baked with our 3-cheese mix, ratatouille and topped with fresh parmesan & pesto

FAMILY PIES serves 4

\$24 GF \$32

- ♥ **Spanakopita Spiral** Greek style Spinach & Fetta filled filo pastry, rolled in a spiral brushed with butter and sesame seeds
- ♥ **Kopotika** Greek style Cheesy Chicken & Vegetable Filo Pie brushed with butter & mixed sesame seeds

SIDES (GF) available with any family meal

serves 4

\$15

- ♥ **Garlic Cream Potatoes** (GF)
- ♥ **Greek style braised beans**(GF)

FAMILY SLIDER PACK 12 SLIDERS

serves 4-6

\$45

- ♥ **Pulled Pork, Slaw & brioche slider buns**



HOW TO ORDER

ORDERING & PAYMENT

You can download the **order form** from our website www.cupidcatering.com.au
And EMAIL YOUR ORDER directly orders@cupidcatering.com.au

1. Download our order form via website or social media
2. Fill out your details and selections
3. Email your order form to orders@cupidcatering.com.au
4. You will receive (*during business hours*) an invoice with a credit card link
5. Pay your invoice
6. Your order is confirmed with the email receipt of your payment.

PICK UP

You can collect from our Subi Headquarters on Tuesdays and Thursdays
by appointment only.

Tuesday pickup

Order by 2pm Monday

Thursday Pickup

Order by 2pm Wednesday

DELIVERIES

We offer free delivery on Wednesdays and Fridays between 4pm - 5.30pm
You will need to be home for delivery as we will text and leave at your door.

Wednesday delivery

Order by 2pm Tuesday

POSTCODES

6000-6021
6029
6050-6052

Friday delivery

Order by 2pm Thursday

POSTCODES

6000-6021
6029, 6153, 6154
6156-6160

Our free deliveries have no minimum order spend – for those that may just need a meal delivered to their elderly parents or our amazing health care, school & supermarket workers who may be too exhausted to come home & make a healthy dinner. Our delivery time is between 4-5.30pm to allow for after school snacks, be in time to heat for dinner that night or just before parents may need that survival kit!

Thank you for your support 😊